

Report on Osukh Jokhon Moner (When Dis-ease is in the Mind)  
Workshop  
conducted by  
Extension Committee, Sivanath Sastri Colleege, in collaboration with  
IQAC, Sivanath Sastri College

A workshop was organised titled A-Sukh Jokhon Moner (When Dis-ease is in the Mind) by the Extension Committee in Collaboration with IQAC on 12th May, 2023 for college staff (teaching and non-teaching) and Students. The speaker was Mr. Mohit Ranadip, Psychiatric Socila Worker and Mental Health Activist. The Workshop was a successful endeavour.



**Sivanath Sastri College**  
23/49 Gariahat Road, Kolkata 700029  
The Extension Committee in Collaboration  
with IQAC Presents a Workshop on  
अ-सुख यखन मनेर  
By  
**Mohit Ranadip**  
Date: 12.05.2023  
Time: 9.30am-11am  
Venue: College Auditorium



*Reena Biswas*

Principal  
Sivanath Sastri College



Kolkata, West Bengal, India

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West Bengal 700029, India

Lat 22.515543°

Long 88.368517°

12/05/23 10:19 AM GMT +05:30

Shri. Mohit Ranadip provided critical insights into how mental health should be managed and the risks that can arise from ignoring such mental health issues. The students were also asked to spread awareness of these issues in their neighbourhood community and direct any who may need help to appropriate helpline numbers which he provided in the course of his speech.

The number of participating students was 141.



*Reena Biswas*

Principal  
Sivanath Sastri College