

## 7.2 Best Practices

### BEST PRACTICE A

**Title:** The making of the self- towards self-Actualization through self Expression

**Objectives** The college founded in memory of Pandit Sivanath Sastri aspires to promote humanistic emancipator ideals among its students so these empowered students can play constructive role in nation building and promoting social development. This would enable them to develop critical mind and rationalist views about life. Academic activities and classroom exercises alone cannot promote broader social awareness and thus will not help the students to form life experience. The college endeavours to promote the following

- a) All round personality development.
- b) Development of free self expression.
- c) Encouragement in active participation
- d) Soft skill training.
- e) Enabling students to organize group activity through cooperation .

#### Context

Besides routine classroom academic exercises the development of self is encouraged by various departments. This is promoted through various creative activities in which the students participate and explore their qualities like creative writing, performing arts, participation in various social work etc. it help the students to deveop their concept of self identityand self respect.

#### The Practice

An Inter college debate competition was organized on December 2016 . students of neighbouring colleges took part in it.

A drama workshop was conducted by Bohurupee, a noted theatre group in Kolkata. A total of 10 classes were held from March11.2017, leading to Fullarader katha at the college auditorium on 25<sup>th</sup> April2017.

#### Evidence of success:

The productions revolve around contemporary issues creating social awareness among participants.

The distinctiveness of the workshop lay in the fact that the scripts were written by the girls themselves through group discussionunder the guidance of the trained professionals. This helped them to discover and refine their talents and encouraged to reflect deeply upon the world around them.

#### Problems encountered

Time and space constraints are the main challenge for us

## BEST PRACTICE B

Direct self preservation contribution to community health

The college organizes a medical camp under the banner of Sivanath Sastri College Gana swastha Udyog which provides medical assistance such as consultancy and medicines to the dwellers of nearby slums. Besides this workshops and lectures by medical experts are organized in collaboration with Sramajibi swastha Udyog. In which a number of students have participated.

Objective of the programme are as following

1. Awareness of modern health crises which can enable our students and staffs to identify problem
2. It can help them to intervene in proper time.
3. Imparting Life skill that can be used in emergency.
4. As far as community health is concerned the college has a certain responsibility to the underprivileged areas adjacent to it.

The context

Sivanath Sastri College functions on the philosophy of inclusiveness. Specially it caters to a large number of economically underprivileged first generation learners. The slums of Panchanantala and Kankulia Road lie adjacent to our institution and the college does not believe in turning a blind eye to problem lying close to it. The plan of the initiatives are designed in such a way that the students can develop a temperament to serve the society and at the same time get an opportunity to develop a sense of self identity and self confidence.

The Practice

Two slum areas, namely, Panchanantala and Kankulia were chosen. Institutional support was given by the Governing body of Sivanath Sastri College. As per the resolution of Governing Body of Sivanath Sastri college two rooms were provided every Sunday, medicines were procured at subsidized cost from the community development Medical Unit (CDMU) with the help of Dr. Punyabrata Goon. Medical assistance which includes Doctors advice and medicines used to be given on Sundays from 10.00am-1.30pm. No of clinics remained open annually 48 weeks. No of regular patients 80. Total no of patients attended 1220.

The institution has organized a stream of sustained activity directed towards Community awareness. First Aid training was given to students by Dr. Punyabrata Goon of Sramajibi swasthya udyog.

Evidence of Success:

Sustained activity centred on various health and community issues has empowered our students, not only to be aware about potential health problem, but also to make others aware, to intervene where ever necessary.

The programme not only kindled enthusiasm among the slum dwellers beside the students have shown great interest in performing community work and positive values that are required to promote social accountability.