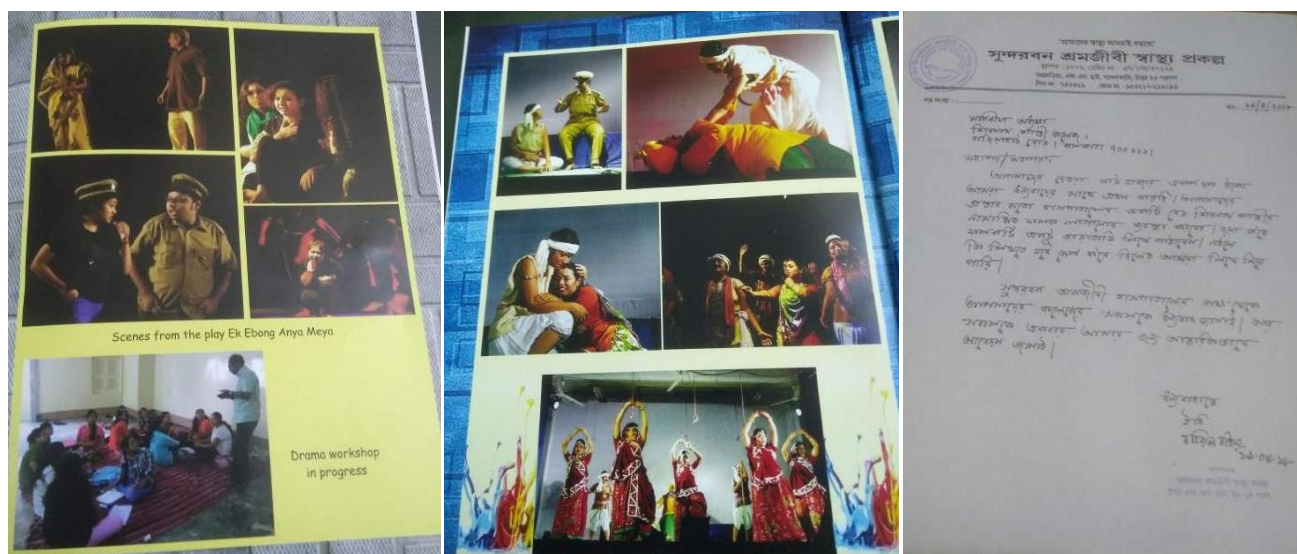


### ***Extension activities in the neighborhood community and sensitizing students to social issues, for their holistic development***

The College conducts several extension activities and workshops involving eminent personalities from various fields to sensitize students on various issues of the day as well as cultural and life skills. These students then go on to sensitize their fellow students as well as the neighbourhood community through programmes conducted in and around the College campus.

A Drama Workshop under eminent Stage and Theatre personality Chandan Sen was conducted for students of the College. It resulted in the production of play titled '**Ek Ebong Anya Meye**' on sexual harassment. This was staged at CLT Auditorium in January 2018.

On 29 January 2018, '**Maati**', the dance drama directed by Raktim Guha and '**E Bhabo Hoy Na**', directed by Chandan Sen (the product of a drama workshop dealing with the everyday problems of the youth, the need for deeper thought, the commercialization of Art, the need for dedication) was staged at CLT (Aban Mahal) Auditorium. Donations were received against entry, and a sum of Rs. 60,000 was raised and handed over to Sundarban Sramajibi Hospital, Sarberia. The same is a community based primary healthcare facility run by Krishi Chakra, a group of agricultural workers to provide dedicated medical services at a nominal cost.



In 2019 two health awareness camps were arranged in the College premises to sensitize the students on different health hazards and to spread community awareness.



The First one was conducted on 9<sup>th</sup> February 2019 by the Extension Committee in collaboration with Kidney Care Society. **Dr. Pratim Sengupta**, eminent **nephrologist** and the **Founder-President of Kidney Care Society** spoke on '**Renal Health**' with the aim of spreading awareness among students and faculty members regarding the importance of maintaining one's kidney health. Students learnt that beyond mere avoidance of certain substances, maintaining a healthy lifestyle and

ensuring timely check-up of vital organs is important. The students were asked to spread this awareness among their family members and thereby into the broader society benefiting many. The students gave a warm and enthusiastic response to the workshop.



The second program was on International Women's Day (9th March 2019) with an address on heart care 'Heart to Heart: Talk on Heartaches' by eminent *cardio-thoracic surgeon Dr. Indrani Guha*. It taught students and the broader society through them, the importance of maintaining one's cardiac health and recognizing early signs of cardiac difficulties. The students were immensely benefitted from the busting of many myths surrounding the heart and the importance of ensuring a healthy lifestyle.

On the same day, a lecture was delivered on '*Dance and movement therapy: A New Movement of the Era*' by a renowned doctor and Odissi dancer *Dr. Aditi Bandyopadhyay*. The ideas obtained herein allowed students to spread awareness about the possibilities of such alternative therapies to a broader social audience in and around the College.

